



What is a benefit summary?

This is a summary of what the plan does and does not cover. This summary can also help you understand your share of the costs. It's always best to review your Certificate of Coverage (COC) and check your coverage before getting any health care services, when possible.

What are the benefits of the UnitedHealthcare NexusACO R Tiered Benefit Plan?

Get a plan with a Primary Care Physician (PCP) and save with Tier 1 providers and facilities.

This plan requires you to choose a PCP from the plan network. Your PCP works with you as a single point of contact to help coordinate and guide your care through the healthcare system. You can receive care from anyone within our network but you may save money when you use Tier 1 providers and facilities.

- > **Select your personal PCP from the plan network.** A network is a group of health care providers and facilities that have a contract with UnitedHealthcare. Having one main doctor with in-depth knowledge of your health also helps you avoid duplicating tests or services so you get the right care at the right time. Each enrolled person must select a PCP in the area where you (the subscriber) live.
- > **Pay less by using Tier 1 providers and facilities.** They may offer you the greatest value from your health care benefits. You need to get online referrals from your PCP to see a network specialist. Your PCP must submit all referrals electronically.
- > **There's no coverage if you go out of the network or see a network specialist without a referral from your PCP.** You will be responsible for the entire cost of the service.
- > **Preventive care is covered 100% in our network.**

Are you a member?

Easily manage your benefits online at myuhc.com[®] and on the go with the **UnitedHealthcare Health4Me**[®] mobile app.

For questions, call the member phone number on your health plan ID card.

Not enrolled yet? Search for network doctors or hospitals at welcometouhc.com or call 1-866-873-3903, TTY 711, 8 a.m. to 8 p.m. local time, Monday through Friday.

Benefits At-A-Glance

What you may pay for network care

This chart is a simple summary of the costs you may have to pay when you receive care in the network. It doesn't include all of the deductibles and co-payments you may have to pay. You can find more benefit details beginning on page 2.

Co-payment	Individual Deductible	Co-insurance
(Your cost for an office visit)	(Your cost before the plan starts to pay)	(Your cost share after the deductible)
\$15	\$1,000	20%

This Benefit Summary is to highlight your Benefits. Don't use this document to understand your exact coverage for certain conditions. If this Benefit Summary conflicts with the Certificate of Coverage (COC), Schedule of Benefits, Riders, and/or Amendments, those documents are correct. Review your COC for an exact description of the services and supplies that are and are not covered, those which are excluded or limited, and other terms and conditions of coverage.

Your Costs

In addition to your premium (monthly) payments paid by you or your employer, you are responsible for paying these costs.

Your cost if you use Designated Network & Network Benefits

Annual Deductible

What is an annual deductible?

The annual deductible is the amount you pay for Covered Health Care Services per year before you are eligible to receive Benefits. It does not include any amount that exceeds Allowed Amounts. The deductible may not apply to all Covered Health Care Services. You may have more than one type of deductible.

- > Your co-pays don't count towards meeting the deductible unless otherwise described within the specific covered health care service.
- > All individual deductible amounts will count towards meeting the family deductible, but an individual will not have to pay more than the individual deductible amount.
- > This benefit plan includes a per occurrence deductible that applies to certain covered health care services. This per occurrence deductible must be met prior to and in addition to the medical deductible.

Medical Deductible - Individual \$1,000 per year

Medical Deductible - Family \$2,000 per year

Out-of-Pocket Limit

What is an out-of-pocket limit?

The Out-of-Pocket Limit is the maximum you pay per year. Once you reach the Out-of-Pocket Limit, Benefits are payable at 100% of Allowed Amounts during the rest of that year.

- > Your co-pays, co-insurance, deductibles and per occurrence deductibles (including pharmacy) count towards meeting the out-of-pocket limit.
- > All individual out-of-pocket limit amounts will count towards meeting the family out-of-pocket limit, but an individual will not have to pay more than the individual out-of-pocket limit amount.

Out-of-Pocket Limit - Individual \$4,000 per year

Out-of-Pocket Limit - Family \$8,000 per year

Your Costs

What is a co-payment?

A Co-payment is the amount you pay (calculated as a set dollar amount or percentage) each time you receive certain Covered Health Care Services calculated as a set dollar amount (for example, \$50 or 20%). You are responsible for paying the lesser of the applicable Co-payment or the Allowed Amount. Please see the specific Covered Health Care Service to see if a co-payment applies and how much you have to pay.

What is Prior Authorization?

Prior Authorization is getting approval before you receive certain Covered Health Care Services. Physicians and other health care professionals who participate in a Network are responsible for obtaining prior authorization. However there are some Benefits that you are responsible for obtaining authorization before you receive the services. Please see the specific Covered Health Care Service to find services that require you to obtain prior authorization.

Want more information?

Find additional definitions in the glossary at justplainclear.com.

Your Costs

Following is a list of services that your plan covers in alphabetical order. In addition to your premium (monthly) payments paid by you or your employer, you are responsible for paying these costs.

Covered Health Care Services	Your cost if you use Designated Network & Network Benefits
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Ambulance Services

Emergency Ambulance:	20% co-insurance, after the medical deductible has been met.
Non-Emergency Ambulance:	20% co-insurance, after the medical deductible has been met. Prior Authorization is required for Non-Emergency Ambulance.

Amino Acid-Based Elemental Formulas

20% co-insurance, after the medical deductible has been met or as stated under the Outpatient Prescription Drug Schedule of Benefits.

Cellular and Gene Therapy

Cellular or Gene Therapy services must be received from a Designated Provider.	The amount you pay is based on where the covered health care service is provided. Prior Authorization is required.
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Clinical Trials

The amount you pay is based on where the covered health care service is provided.

Prior Authorization is required.

Congenital Heart Disease (CHD) Surgeries

Designated Network:
20% co-insurance, after the medical deductible has been met for services provided with a referral to the admitting Network Specialist or other Network Physician from your Primary Care Physician.
Network:
After you pay the \$500 per occurrence deductible per Inpatient Stay; you pay 40% co-insurance, after the medical deductible has been met for services provided with a referral to the admitting Network Specialist or other Network Physician from your Primary Care Physician.

Dental Services - Accident Only

20% co-insurance, after the medical deductible has been met.

Dental Services - Anesthesia and Facility

The amount you pay is based on where the covered health care service is provided.

Prior Authorization is required for certain services.

Your Costs

Covered Health Care Services

Your cost if you use Designated Network & Network Benefits

Diabetes Services

Diabetes Self Management and Training/Diabetic Eye Exams/Foot Care:

The amount you pay is based on where the covered health care service is provided.

Diabetes Self Management Items:

The amount you pay is based on where the covered health care service is provided under Durable Medical Equipment (DME), Orthotics and Supplies and in the Outpatient Prescription Drug Rider.

Durable Medical Equipment (DME), Orthotics and Supplies

Limited to a single purchase of a type of DME or orthotic every three years. Repair and/or replacement of DME or orthotics would apply to this limit in the same manner as a purchase. This limit does not apply to wound vacuums.

20% co-insurance, after the medical deductible has been met.

Emergency Health Care Services - Outpatient

20% co-insurance after you pay the \$300 co-pay per visit, and the medical deductible has been met.

Notification is required if confined in an Out-of-Network Hospital.

Examination and Treatment for Sexual Assault

You pay nothing. A deductible does not apply.

Gender Dysphoria

The amount you pay is based on where the covered health care service is provided and in the Outpatient Prescription Drug Rider.

Prior Authorization is required for certain services.

Your Costs

Covered Health Care Services

Your cost if you use Designated Network & Network Benefits

Habilitative Services

Inpatient:

Inpatient services for adults 19 years of age and older are limited per year as follows:

Limit will be the same as, and combined with, those stated under Skilled Nursing Facility/Inpatient Rehabilitation Services. For Dependents under 19 years of age, no limits apply.

The amount you pay is based on where the covered health care service is provided.

Outpatient:

Outpatient therapies:

Physical therapy.

Occupational therapy.

Manipulative Treatment.

Speech therapy.

Post-cochlear implant aural therapy.

Cognitive therapy.

For the above outpatient therapies:

Limits will be the same as, and combined with, those stated under Rehabilitation Services – Outpatient Therapy and Manipulative Treatment.

Visit limits for Treatment for Autism Spectrum Disorders for Enrolled Dependents under 21 years of age do not apply.

\$50 co-pay per visit for Manipulative Treatment services provided by a Network Specialist or other Network Physician with a referral from your Primary Care Physician. A deductible does not apply.

\$15 co-pay per visit for all other habilitative services. A deductible does not apply.

Hearing Aids

Limited to one hearing instrument per impaired ear every 36 months. Benefits include repairs and/or replacement of a hearing instrument when Medically Necessary.

20% co-insurance, after the medical deductible has been met.

Your Costs

Covered Health Care Services

Your cost if you use Designated Network & Network Benefits

Home Health Care

Limited to 60 visits per year. One visit equals up to four hours of skilled care services. This visit limit does not include any service which is billed only for the administration of intravenous infusion.

For the administration of intravenous infusion, you must receive services from a provider we identify.

20% co-insurance, after the medical deductible has been met.

Hospice Care

20% co-insurance, after the medical deductible has been met.

Hospital - Inpatient Stay

Designated Network:

20% co-insurance, after the medical deductible has been met for services provided with a referral to the admitting Network Specialist or other Network Physician from your Primary Care Physician.

Network:

After you pay the \$500 per occurrence deductible per Inpatient Stay; you pay 40% co-insurance, after the medical deductible has been met for services provided with a referral to the admitting Network Specialist or other Network Physician from your Primary Care Physician.

Infertility Services

Benefits for Assisted Reproductive Technology (ART) are limited to four oocyte retrievals per plan year; however, if a retrieval is followed by a live birth, two additional oocyte retrievals will be covered. Following the final oocyte retrieval, Benefits will be provided for one subsequent procedure to transfer the oocytes or sperm to the Covered Person.

20% co-insurance, after the medical deductible has been met for services provided by a Network Specialist or other Network Physician with a referral from your Primary Care Physician or when services are provided by an obstetrician or gynecologist.

Prior Authorization is required.

Your Costs

Covered Health Care Services

Your cost if you use Designated Network & Network Benefits

Lab, X-Ray and Diagnostic - Outpatient

Lab Testing - Outpatient: 20% co-insurance, after the medical deductible has been met.

Limited to 18 Presumptive Drug Tests per year.

Limited to 18 Definitive Drug Tests per year.

X-Ray and Other Diagnostic Testing - Outpatient: 20% co-insurance, after the medical deductible has been met.

Major Diagnostic and Imaging – Outpatient

20% co-insurance, after the medical deductible has been met.

Mental Health Care and Substance Use Disorders Services

Inpatient: 20% co-insurance, after the medical deductible has been met.

Outpatient: \$15 co-pay per visit. A deductible does not apply.

Partial Hospitalization/Intensive Outpatient Treatment: 20% co-insurance, after the medical deductible has been met.

Ostomy Supplies

Limited to \$2,500 per year. 20% co-insurance, after the medical deductible has been met.

Pharmaceutical Products - Outpatient

This includes medications given at a doctor's office, or in a Covered Person's home. 20% co-insurance, after the medical deductible has been met.

Physician Fees for Surgical and Medical Services

Designated Network:

20% co-insurance, after the medical deductible has been met for services provided by your Primary Care Physician or by a Network obstetrician or gynecologist.

20% co-insurance, after the medical deductible has been met for services provided by a Network Specialist or other Network Physician with a referral from your Primary Care Physician.

Network:

40% co-insurance, after the medical deductible has been met for services provided by your Primary Care Physician or by a Network obstetrician or gynecologist.

40% co-insurance, after the medical deductible has been met for services provided by a Network Specialist or other Network Physician with a referral from your Primary Care Physician.

Your Costs

Covered Health Care Services

Your cost if you use Designated Network & Network Benefits

Physician's Office Services - Sickness and Injury

Designated Network:

Covered persons less than age 19: You pay nothing for services provided by your Primary Care Physician, Network obstetrician or gynecologist. A deductible does not apply.

All other Covered Persons: \$15 co-pay per visit for services provided by your Primary Care Physician or by a Network obstetrician or gynecologist. A deductible does not apply.

\$50 co-pay per visit for services provided by a Network Specialist or other Network Physician with a referral from your Primary Care Physician. A deductible does not apply.

Network:

40% co-insurance, after the medical deductible has been met for services provided by your Primary Care Physician or by a Network obstetrician or gynecologist.

40% co-insurance, after the medical deductible has been met for services provided by a Network Specialist or other Network Physician with a referral from your Primary Care Physician.

Additional co-pays, deductible, or co-insurance may apply when you receive other services at your physician's office. For example, surgery and lab work.

Pregnancy - Maternity Services

The amount you pay is based on where the covered health care service is provided except that an Annual Deductible will not apply for a newborn child whose length of stay in the Hospital is the same as the mother's length of stay.

Prescription Drug Benefits

Prescription drug benefits are shown in the Prescription Drug benefit summary.

Preventive Care Services

Physician Office Services, Lab, X-Ray or other preventive tests.

You pay nothing for services provided by your Primary Care Physician, Network obstetrician or gynecologist. A deductible does not apply.

You pay nothing for services provided by a Network Specialist or other Network Physician with a referral from your Primary Care Physician. A deductible does not apply.

Certain preventive care services are provided as specified by the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you. These services are based on your age, gender and other health factors. UnitedHealthcare also covers other routine services that may require a co-pay, co-insurance or deductible.

Your Costs

Covered Health Care Services

Your cost if you use Designated Network & Network Benefits

Prosthetic Devices

Limited to a single purchase of each type of prosthetic device every three years. Repair and/or replacement of a prosthetic device would apply to this limit in the same manner as a purchase.

20% co-insurance, after the medical deductible has been met.

Reconstructive Procedures

The amount you pay is based on where the covered health care service is provided.

Rehabilitation Services – Outpatient Therapy and Manipulative Treatment

Limited to:

60 visits of pulmonary rehabilitation therapy.

60 visits of cardiac rehabilitation therapy.

60 visits of physical therapy for multiple sclerosis.

60 visits for any combination of physical therapy, occupational therapy and speech therapy.

60 visits of post-cochlear implant aural therapy.

60 visits of cognitive rehabilitation therapy.

\$50 co-pay per visit for manipulative treatment services provided by a Network Specialist or other Network Physician with a referral from your Primary Care Physician. A deductible does not apply.

\$15 co-pay per visit for all other rehabilitation services. A deductible does not apply.

Scopic Procedures - Outpatient Diagnostic and Therapeutic

Diagnostic/therapeutic scopic procedures include, but are not limited to colonoscopy, sigmoidoscopy and endoscopy.

Designated Network:

20% co-insurance, after the medical deductible has been met for services provided by your Primary Care Physician, Network obstetrician or gynecologist.

20% co-insurance, after the medical deductible has been met for services provided with a referral to the servicing Network Specialist or other Network Physician from your Primary Care Physician.

Network:

40% co-insurance, after the medical deductible has been met for services provided by your Primary Care Physician, Network obstetrician or gynecologist.

40% co-insurance, after the medical deductible has been met for services provided with a referral to the servicing Network Specialist or other Network Physician from your Primary Care Physician.

Skilled Nursing Facility / Inpatient Rehabilitation Facility Services

Limited to 60 days per year.

40% co-insurance, after the medical deductible has been met.

Your Costs

Covered Health Care Services

Your cost if you use Designated Network & Network Benefits

Surgery - Outpatient

Designated Network:

20% co-insurance, after the medical deductible has been met for services provided by your Primary Care Physician, Network obstetrician or gynecologist.

20% co-insurance, after the medical deductible has been met for services provided with a referral to the servicing Network Specialist or other Network Physician from your Primary Care Physician.

Network:

After you pay the \$250 per occurrence deductible per date of service; you pay 40% co-insurance, after the medical deductible has been met for services provided by your Primary Care Physician, Network obstetrician or gynecologist.

After you pay the \$250 per occurrence deductible per date of service; you pay 40% co-insurance, after the medical deductible has been met for services provided with a referral to the servicing Network Specialist or other Network Physician from your Primary Care Physician.

Temporomandibular Joint (TMJ) and Craniomandibular Disorder (CMD) Services

The amount you pay is based on where the covered health care service is provided.

Therapeutic Treatments - Outpatient

Therapeutic treatments include, but are not limited to dialysis, intravenous chemotherapy, intravenous infusion, medical education services and radiation oncology.

20% co-insurance, after the medical deductible has been met.

Transplantation Services

Network Benefits must be received from a Designated Provider.

The amount you pay is based on where the covered health care service is provided.

Prior Authorization is required.

Urgent Care Center Services

\$50 co-pay per visit. A deductible does not apply.

Additional co-pays, deductible, or co-insurance may apply when you receive other services at the urgent care facility. For example, surgery and lab work.

Your Costs

Covered Health Care Services

Your cost if you use Designated Network & Network Benefits

Virtual Visits

Benefits are available only when services are delivered through a Designated Virtual Visit Network Provider. You can find a Designated Virtual Visit Network Provider by contacting us at myuhc.com[®] or the telephone number on your ID card. Access to Virtual Visits and prescription services may not be available in all states or for all groups.

You pay nothing. A deductible does not apply.

Services your plan generally does NOT cover. It is recommended that you review your COC, Amendments and Riders for an exact description of the services and supplies that are covered, those which are excluded or limited, and other terms and conditions of coverage.

- Acupuncture
- Cosmetic Surgery
- Dental Care (Adult/Child)
- Glasses
- Long-Term Care
- Non-emergency care when traveling outside the U.S.
- Private-Duty Nursing
- Routine Eye Care (Adult/Child)
- Routine Foot Care
- Weight Loss Programs

For Internal Use only:

ILMA8GWBS4Z19

Item# Rev. Date

230-20634 0919_rev01

UHPD Gated Tier 1ah/Sep/Emb/47240/2018

